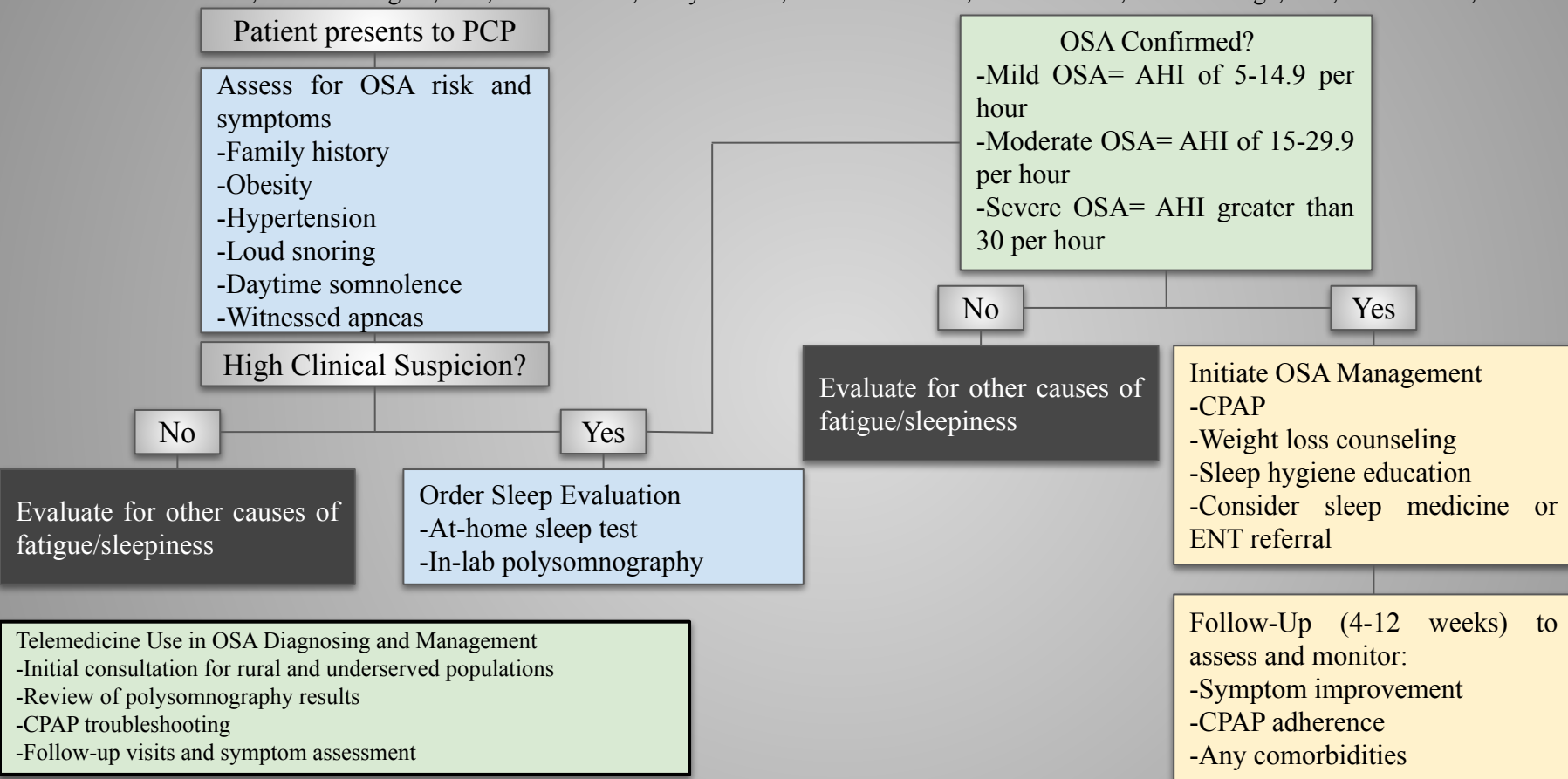


Diagnosing and Managing Obstructive Sleep Apnea

Yaizeth Gurrola-Mares, Kenneth Nugent, MD, Amir Batrice, Kelly Munoz, Caroline Bowers, Rachel Flores, Lekha George, MD, Ariel Santos, MD



Telemedicine Use in OSA Diagnosing and Management

- Initial consultation for rural and underserved populations
- Review of polysomnography results
- CPAP troubleshooting
- Follow-up visits and symptom assessment

AHI: Number of apneas plus hypopneas/total sleep time

Goyal M, Johnson J. Obstructive Sleep Apnea Diagnosis and Management. Mo Med. 2017 Mar-Apr;114(2):120-124. PMID: 30228558; PMCID: PMC6140019.